# SAPAAC August 2020 Newsletter

# IN THIS MONTH'S NEWSLETTER

Upcoming Events

- (Virtual) First Generation and/or Low Income Alumni Network (FLAN) Alumni Activities Fair, 8/3
- (Virtual) Pandemic Parenting: Flexing the Asian Parenting Approach, 8/11
- Application for SAPAAC Board of Directors (Deadline extended), due 8/15
- (Virtual) 2020 Stanford Asian Pacific Alumni Summit, 9/26

# Advocacy & Education

• Monthly Newsletter from SAPAAC's Advocacy & Education Committee

# **Community Submissions**

• In Memoriam: Victor Kuo, PhD '99

Get Involved with SAPAAC!

- Join the SAPAAC Board
- Volunteer for a committee!

Stay up to date on the latest SAPAAC news! Like us on Facebook and visit the SAPAAC website.

# UPCOMING EVENTS

**First Generation and/or Low Income Alumni Network (FLAN) Alumni Activities Fair** Monday, Aug. 3, 5:00-6:00 PM Pacific Time Virtual event via Zoom, appropriate for recent graduates RSVP at: <u>https://stanford.io/31feemn</u>

Join the Stanford First-gen and/or Low-income Network (FLAN) for another event in our AlumFLI series for recent FLI Graduates!

Looking for community as an alum? Interested in alumni leadership and engagement opportunities? Looking to grow your Stanford network? Join FLAN for our Alumni Activities Fair: Intro to Alumni Clubs to learn more about official Stanford Alumni clubs and opportunities. Event will begin with brief presentations from several club representatives, followed by small-group networking and mingling - a perfect opportunity to meet and speak directly with alumni leaders.

Stanford Alumni clubs that will be in attendance: First-generation and/or Low-income Alumni Network (FLAN) Stanford National Black Alumni Association (SNBAA) Stanford Latino Alumni Association (SLAA) Stanford Pride Stanford Alumni Women's Impact Network Stanford Asian Pacific American Alumni Club (SAPAAC) Stanford in Arts & Entertainment

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Pandemic Parenting: Flexing the Asian Parenting Approach Date: Tuesday, Aug 11, 2020 Time: 4:00-5:00 pm PDT Registration: Free. Please register at https://bit.ly/flexasianparenting Questions: Please contact Mo Fong '95, '96 (moleifong@gmail.com)

What kind of relationship would you like to have with your parents or children?

This pandemic has presented unique stressors and challenges for parents across the board: social isolation, mental health issues, increased time spent at home and with family, and students experiencing dissonance between school learning environments and family dynamics.

As popularized in the label "Tiger Mother," parenting styles from Asian cultures often emphasize sacrifice and academic achievement as a top priority, while also often including aspects such as harsh treatment and shaming of children, or stigmatizing mental health. Between home and school, students may struggle as they experience competing cultural ideas about healthy social development, identity, and achievement. Further cultural challenges exist for parents of students who are first-generation and/or low-income.

This presentation by Kim Parker '95 and moderated by Mo Fong '95, '96 will explore various perspectives on parenting children of all ages in the pandemic, views on what constitutes success for students, and share tips toward growing relationship dynamics that can bring out the most positive results for everyone involved. The presenter's goal is to help lead parents to become better allies to their children.

Presented by Stanford Asian Pacific American Alumni Club (SAPAAC) and the <u>First-generation and/or</u> Low-income Alumni Network (FLAN)

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Apply to serve on the SAPAAC Board

\*TAKE ACTION AND RUN FOR THE SAPAAC BOARD OF DIRECTORS!\*

Love Stanford's Asian American alumni community? Want to build connections among our community? Help SAPAAC deliver on its mission to serve Stanford APA alumni and students?

\*Run for a two-year term from September 2020 to September 2022. <u>Click here to fill out your</u> <u>application by 11:59pm Sunday</u>, <u>August 15, 2020!</u>

There are open seats (due to several Board members completing their terms), including an unfilled seat from the last election. We have extended the deadline to allow more applicants to complete their applications. Although the deadline has been extended, we encourage all interested applicants to <u>submit</u> as soon as possible.

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Stanford Asian Pacific Alumni Summit Saturday, Sep. 26, 9 AM -12 Noon Pacific Time Virtual event via Zoom, Free to attend <u>RSVP at www.sapaac.org/sapas2020</u>

The 2020 Summit enables alumni to learn from and connect with others, to hear about intellectual and professional endeavors of Stanford alumni, and find opportunities for collaboration. U.S. Representative Ted Lieu has confirmed his participation as our keynote speaker. There will be a

campus update and two other panel discussions covering U.S.-China relations and covering health and society. For details and registration, please visit <u>SAPAS 2020</u>.

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## **ADVOCACY & EDUCATION**

#### Advocacy & Education Newsletter

The newsletter covers events from this summer, including Black Lives Matter; discussions of race within APA communities; Fossil Free Stanford; Katherine Toy's ('91, MA '95) appointment to the CA State Parks and Recreation Commission; and more.

## Read the full newsletter

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## COMMUNITY SUBMISSIONS

### In Memoriam: Victor Kuo, PhD '99

Stanford and SAPAAC mourn the passing of Victor Kuo, Stanford PhD 1999, who was an active member of the SAPAS planning team. Victor passed away on June 18, 2020, with complications following heart failure. His obituary is seen at https://www.rosehills.com/obituaries/alhambra-ca/victor-kuo-9234941

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### GET INVOLVED!

Run for SAPAAC Board! Click here to fill out your application by 11:59pm Sunday, August 15, 2020!

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Do you want to have an impact on Asian American alumni? Work with any of our three working committees, which focuses on organizing events, advocating for Asian American issues within the university, and growing our membership.

### Contact <a>sapaac@alumni.stanford.edu</a> for more details.

# Current Board Members

Carol Wong Carpenter '89 John Chang '93 Joan Chiao '00 Paul Choi '87 Mo-Yun Fong '95 MA '96 Marushka Hirshon '14 Dan Kojiro ' 74 Solina Kwan '92 Lan Le '10 Clara Luu '16 Emily Song '13 Cyndy Yu Robinson '87 Jay (Jacob) Wang '72 Angela Zhang '16

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# Submit to the SAPAAC Newsletter!

As part of one of our newer initiatives, SAPAAC Board would like to create an opportunity for SAPAAC members to submit to the monthly newsletter. If you have any events, articles, or announcements you would like to share with your SAPAAC community, please use <u>this form</u> to submit them for distribution in next month's newsletter.